

TAYLORSVILLE BOY SCOUTS 'DO GOOD TURN' FOR POLAND SCOUTS

By Carl Fauver | carlf@mycityjournals.com

Some 40,000 Scouts — most of them boys — attended the National Scout Jamboree this summer, in Glen Jean, West Virginia. Among them were about 1,100 from Utah, including 25 to 30 Taylorsville Scouts.

The Scouts worked on several merit badges, heard a controversial speech from President Donald Trump and made plenty of memories.

But the highlight of the once-in-a-lifetime trip for many of the Taylorsville Scouts came before they arrived at the 14,000-acre Summit Bechtel Reserve.

And a group of 11 Scouts from Poland have the Taylorsville group to thank, after they lived out the organization's slogan to "do a good turn daily."

"I was so humbled and proud to see what our scouts did," said Jamboree Scoutmaster Robert Pieper. "They are such great kids."

The Taylorsville s Scouts' act of kindness came on their last day of sightseeing across the East Coast, before making their final bus trek to

"Our Scouts flew from Salt Lake to New York City and spent our first two days there," Pieper said. "We visited the Statue of Liberty, Time Square, the 9-11 Museum, Central Park and many other popular locations."

From there it was on to Philadelphia, Valley Forge, rural Pennsylvania Amish country, Gettysburg and Washington, D.C.

"Our boys raised \$3,450 each to make the trip," Pieper added. "That covered almost everything—our flight each way, the bus charter, meals, Jamboree fees and other costs. We adult leaders paid the same, and it felt like a pretty fair cost for all we did and saw."

The Taylorsville group's final day before travelling to the Jamboree had them visiting Smithsonian museums in Washington, D.C. That's where a chance encounter with a group of European Scouts led to their most memorable event of the trip.

"The Polish group featured older Scouts five young men and five young women — ages 18 to 20," Pieper said.

As Scouts normally do when they meet others — particularly from outside the country



Scouts from Taylorsville and Poland met one another at a Washington, D.C. museum. (Robert Pieper)

- the two groups exchanged patches and other keepsakes, took pictures and shared contact information.

"After our brief encounter we told the Polish group, we hoped to see them at the Jamboree," Pieper added. "But, honestly, since the event had so many thousands of people, none of us really thought that would happen."

Fast-forward several hours that same day, and the Taylorsville Scouts were having dinner at a restaurant when Pieper received an unexpected

"It came completely out of the blue, and it was from the Polish Scouts leader," he said.

The text said the Scouts from Poland had a problem with the bus that had been scheduled to drive them overnight to the Jamboree site, about six hours away.

"The leader was simply asking whether we might have enough seats within our group of busses to let them ride with us to the Jamboree," Pieper said. "They were scheduled to ride overnight. When I called the group they were preparing to spend the night on the floor at Union Station and wondered whether we could pick them up in the morning on the way out of town."

Then came the moment Pieper said made him so proud of his Scouts.

"I told our kids the problem the Polish Scouts had and asked them what they wanted to do," he said. "Our boys voted unanimously to not only let them ride with us the next day, but to also give up some of their rooms to give the Polish group a place to spend the night."

"It feels nice to do something big to help someone else," added Brenzer Jones, 15. The Taylorsville High School sophomore was one of the Utah group's patrol leaders on the Jamboree trip. "Our Boy Scout slogan is 'do a good turn daily,' and that's exactly what we did."

As luck would have it, Pieper's son had just returned from serving a mission for the Church of Jesus Christ of Latter-day Saints in Poland. They were able to get him on the phone to translate to the Polish group the Utah Scouts' generous offer.

The Taylorsville scouts sent their bus to pick up the Polish group and shifted around their motel rooms.

"I ended up sleeping that night on the motel room floor," Pieper said. "Some of our kids did the same." All totaled, the Taylorsville Scouts gave up three of their nine rooms to the Europe-

Word of the Taylorsville group's generosity made its way back to Utah long before the Scouts and leaders did. Councilman Dan Armstrong who has been involved in Scouting for decades was among the first to hear it.

"Their kindness toward the group from Poland just shows the caliber of young men involved in Scouting here in Utah," he said. "It reflects their values—the kind of values every young man needs."

Chances are some of those Utah Scouts will also have pen pals — or, more likely, Facebook friends — in Poland for life. +

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Night Out Against Crime another success in Taylorsville

By Carl Fauver | carlf@mycityjournals.com

Taylorsville City's fifth annual Night Out Against Crime provided residents with the chance to meet emergency responders, observe specialized equipment, climb a rock wall and learn exactly why they never want to tangle with a Unified Police K-9.

The event was held outside the city offices, at 2600 West 5400 South, and featured several emergency response units.

"We started our local Night Out Against Crime several years ago, primarily to help residents learn how to be safe in their homes and neighborhoods," said Taylorsville Public Safety Committee Chairman Tony Henderson. "We hold our event in conjunction with the national Night Out Against Crime, though not always on the exact same night."

Henderson is one of several longtime Taylorsville residents who answered a call from the city — right after it was incorporated, in 1996 — to offer volunteer assistance. He's been with the Public Safety Committee ever since.

"I didn't show up (back in 1996) asking for a specific committee assignment," he said. "I just told them, 'put me where you need me.' I've been on this committee ever since."

Another Taylorsville Public Safety Committee member is Unified Police Detective Scott Lloyd.

"I've been in law enforcement 28 years, 21 of them here in Taylorsville," Lloyd said. "I think Night Out Against Crime has helped (Unified Police) build stronger relationships with residents. Our goal is to teach people how to be cautious and how to keep their eyes open for things that are out of place in their neighborhoods."

Lloyd said police also gather

in formation during the night from people interested in establishing community watch groups in their neighborhoods.

"These groups can be very effective," he said. "I know of several instances when community watch tips have led directly to important arrests."

Lloyd was also happy to show off the Unified Police Rescue Unit during Night Out Against

Crime. He said the oversized rig originally cost the U.S. Army about \$750,000.

"Through Army surplus we bought the rescue unit — and gave it a nice, new paint job – for about \$35,000," Lloyd said. "With its bulletproof glass and other safety features, the unit is valuable particularly in active shooter situations."

Unified Police also offered a K-9 unit demonstration during the evening.

Other emergency responders participating in Night Out Against Crime included the Unified Fire Authority and the National Guard, which provided a climbing wall.

Taylorsville resident Charisse Medico raced her daughter Michaela, 12, up the wall. It was their first time to visit Night Out Against Crime



This Unified Police rescue vehicle cost the U.S. Army about \$750,000; but local law enforcement bought it on surplus for only \$35,000. (Carl Fauver/City Journals)

"We live just around the corner but missed it last year," Charisse said. "After seeing all the posts on Facebook last year, we wanted to be sure to get the kids over here this summer."

Her husband Jason added, "Besides having a little fun, we came to help our kids learn when to speak up (if they see something wrong happening in their neighborhood) and when to not speak (to strangers). We also want them to understand, police officers are our friends."

Several Boy Scouts visited Night Out Against Crime to work on various merit badges, including crime prevention, emergency preparedness, fire safety, radio, safety, and search and rescue.

Members of Taylorsville BSA Troop 771 attended their first Night Out Against Crime, led by Scoutmaster Shawn Huffman.

"Besides working on their merit badges, we also want them to learn more about how to help make their homes and neighborhoods safe," Huffman said.

The Taylorsville Chick-fil-A restaurant also got involved in the event by providing meals to the first responders.

City volunteers said the Public Safety Committee has been involved in many worthwhile activities over the years, including publishing a drug abuse prevention pamphlet, surveying the condition of sidewalks, streetlights and crosswalks, hosting gang prevention conferences and selling radon gas test kits.

"But of all the activities we do, I think our Night Out Against Crime is proving to be as successful as any of them," Henderson said. +





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Retiring board member praised; replacement aims to advance STEM skills

By Jet Burnham | j.burnham@mycityjournals.com

Sarah Meier has served on the Granite Board of Education for 20 years.

Meier previously taught history at Cottonwood High School and chose to serve on the board as a way to stay involved as she raised her family.

"I am passionate about public schools," said Meier. "I believe they are the foundation of our democracy and the most important factor in keeping it vibrant."

Connie Anderson, Board vice president, said Meier has provided strong leadership, serving as president of the Board three times.

"I have come to have great respect for her knowledge of how a board operates," said Anderson. "With her teaching experience, she has demonstrated her understanding of the 'nuts and bolts' of how public education works."

In her 20 years, Meier has been a part of many changes and improvements in the district. She is most proud of helping establish the GTI (Granite Technical Institute).

"Our schools have worked very hard, and continue to do so, to help each student individually—take them from where they are and move them ahead," said Meier.

She said that by the time a student graduates, she hopes they appreciate their own strengths and will use them to find success throughout their lives

Meier has also served as president of the Utah School Boards Association.

"In that role, in particular she was a strong and powerful advocate for all the school children in Utah," said Board Member Gayleen Gandy. "She is a powerful and focused leader."

Meier mentored Gandy when she first joined the board. She did so for many board members, including Karyn Winder, who said Meier taught her how to listen to different perspectives when faced with making a decision.

"Sarah has brought years of experience and common sense to the school board," said Winder. "She is an advocate for all kids and does not shy away from making tough decisions." She said what made Meier a great leader was that she took the time to ask questions.

"During the years that I have known Sarah," said Gandy, "it has been obvious to me that her highest priority has been doing what is best for the students in Granite, closely followed by her deep sense of responsibility to be fiscally responsible to the taxpayers in the district."

Meier believes the biggest obstacle for public schools is the continued inadequate funding. She said the hardest thing about her position has been asking district employees to do more with less.

"It is our dedicated educators that have kept us moving, even when they have felt unappreciated," she said. She believes everyone should thank a teacher every chance they get and to find ways to volunteer in their community's schools

Because Meier retired in the middle of her

term, the School Board appointed Carrie Johnson to fill her Precinct IV position, which represents Taylorsville and Kearns.

"I consider this a service to my community and the kids in my community," said Johnson, who is passionate about giving service. As an executive in the healthcare field, Johnson sees the need to prepare students for the future with STEM (science, technology, engineering and math) skills. She plans to help the district prepare kids to be great students, to progress on to higher education, to contribute to their communities and to qualify for high-paying positions in STEM jobs.

Her husband is an administrator in Granite District and her children attend Taylorsville schools. She sees her position as an opportunity to help create a destination community.

"One of my objectives is to create a destination district that people will seek out and they'll want to live in our community because of the wonderful schools and wonderful teachers that we have and the quality of our kids," she said.

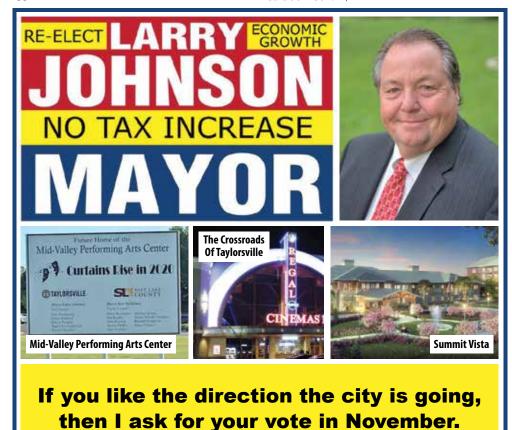
The Granite School District Board of Education is composed of seven elected members who serve for a four-year term (longer, if re-elected.) The Board holds public meetings monthly to establish district policies, approve purchases and budgets, receive reports from district administrators, approve administrative appointments and conduct other business.



Sarah Meier has served on the Granite Board of Education for the last 20 years. (Granite School District)

"I'm excited to learn and meet more people in our community, and I'm excited to give back," said Johnson. +





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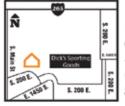
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Music + humor = chemistry

By Jet Burnham | j.burnham@mycityjournals.com

Students are humming tunes about integers, giggling about phosphorus puns and reacting to a live Tesla Coil thanks to Sadie Bowman and Ricky Coates of Matheatre, which brings music and humor to the serious task of helping high school and college students understand and memorize math and science concepts.

"We consider our job to be reinforcing and supporting the work that math and science teachers are doing, and to inspire conversations and explorations," said Bowman.

The company's productions, "Calculus: The Musical," "Tesla Ex Machina" and "Curie Me Away!" provide a context to appreciate calculus, electrical engineering, chemistry and physics and are accessible to both those who love math and science and those who don't, said Bowman.

"Curie Me Away" is Matheatre's newest show, debuting this August. It is a musical that tells the story of Marie Curie, the first woman to receive the Nobel Peace Prize, who overcomes obstacles to become an inspiring pioneer in the field of chemistry.

Bowman and Coates both have degrees in theater, but Coates started out as an astrophysicist.

"He grew up intending to be a scientist but fell in love with theater," said Bowman. For "Curie Me Away," the two also consulted with Coates's sister, Dr. Becky Coates, who recently received a Ph.D. in physical chemistry from the University of Utah.

"We had some fun conceptual brainstorming sessions with her and did a lot of reading and research on our own," said Bowman. The show includes core chemistry concepts such as compounds, reactions, groupings on the periodic table, transmutation and radioactivity.

"It is a specific story told in a theatrically engaging way that can be appreciated with no requisite background but woven with very intentional metaphor that will ring bells for those who know the science or are learning the science," said Bowman.

Some lyrics are best appreciated by those familiar with the chemical elements like in a love song when Marie claims her heart is "red as rubidium," "soft as barium" and "glows like phosphorus with a capital P." Chemistry students catch the jokes when they know, for example, that phosphorus is a luminescent element which glows and its chemical symbol is a capital letter P. (Advanced students might even catch the additional gag if they are familiar with Hennig Brand's methods of discovery of the element.)

Even without a background in chemistry, audiences may appreciate how Curie takes on housework like a science project (experiment and document) and defines her relationships chemically (her two daughters are two hydrogen atoms bonded to her oxygen).

Bowman's linguistic humor and variety of musical styles bring more than just science to the story of Madame Curie. The one-hour show also incorporates social and political history as well as women's studies.

"We wanted to dig deeper and bring more of her story to a broader audience. I found the idea of education as an act of resistance to be incredibly compelling," said Bowman, who created a Hamilton-eque rap song for the oppressed and frustrated Curie, who was being denied educational opportunities

"Tesla Ex Machina" aims to entertain audiences with science, history and ethics in a one-man show. Coates, as Nikola Tesla, recreates some of his most renowned experiments, including the induction motor, the world's first robot and a live Tesla Coil.

"Our role is to inspire and provide new connections, contexts and portals to engagement, more than necessarily to, say, teach calculus," Bowman said

Matheatre's first production, "Calculus: The Musical!" was written in 2006 as a learning tool for Calculus students.

"Watching the show will give you an overview of what calculus is, but it won't teach you how to do calculus," said Bowman. "But chewing on the lyrics will directly help you learn calculus. The jokes and references do require a baseline context of mathematical exposure, so it's best consumed by someone who is at least interested in calculus."

The music sweeps through a range of genres--from Daft Punk and Eminem to Gilbert & Sullivan to Lady Gaga—expressing the concepts of limits, integration and differentiation.

Matheatre is based in Utah but performs all around the country during



Sadie Bowman was inspired to write "Curie Me Away" because of Madame Curie's feminine courage in overcoming social and political obstacles. (Scott Pakudaitis)

the school year. Last year they performed at 40 different venues between September and May.

"It gives me such hope and joy to see young people lose their minds with excitement about math," said Bowman. "I think it's a really cathartic experience for those students who aren't really encouraged by the culture of high school to stand proud in their love of math."

Bowman sees this as her contribution to the STEM field.

"I am employing the things I am good at (writing, music, comedy) to not just entertain but inspire, enable and empower other people (especially young people) to explore and deepen their own passions for math and science, and I find that immensely rewarding."

The company has plans to create more shows. It is currently considering the history of climate science and also an astronomy-themed show.

The idea for the company started with math teacher Marc Gutman, who wrote parodies of familiar songs as mnemonic devices for his calculus students. When he realized how well the songs helped them retain and comprehend information, he wrote a song for every concept in his Calculus I class. Bowman worked with him to develop the songs into a theater production.

Gutman's original calculus-themed parodies, as well as other albums about conic sections, exponents and logarithms, are available at www. matheatre.com.

"This music exists for the purpose of being teaching and learning tools, so I encourage math educators and students to check it all out," said Bowman.

High schools, colleges and universities and theaters can book a performance of any of the three shows by contacting bookings@matheatre.com.

Further information is available at www.matheatre.com. +



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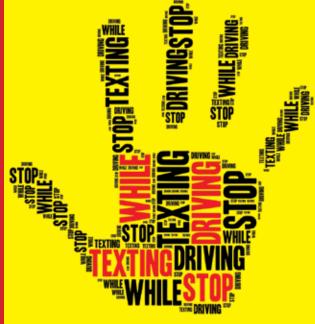
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FBI agent explains motivations of cybercriminals

By Ruth Hendricks | Ruth.H@mycityjournals.com



FBI Special Agent James Lamadrid discusses cybercrime at a luncheon for the South Salt Lake Chamber of Commerce. (Ruth Hendricks/City Journals)

On July 27, the South Salt Lake Chamber of Commerce hosted a luncheon for other chambers in the area at the Jordan Valley Water Conservancy District in the Conservation Garden Park.

James Lamadrid was the featured speaker. Lamadrid is a cybersecurity supervisory special agent with the FBI. During the eight years he has been there, he investigated criminal and national security computer intrusions. He manages the Salt Lake City cyber task force, which consists of FBI task force officers, computer scientists, intelligence analysts and administrative staff.

The FBI has three priorities in the cyber area. First is to protect the US against terrorist attacks. After 9/11, the focus shifted from criminal investigations to counter terrorism. The second priority is counter-intelligence against espionage, such as those stealing US secrets or weapons systems designs. The third priority is where Lamadrid's team comes in: cyberattacks by criminals, overseas adversaries, and terrorists.

The mission of the FBI cyber division is to identify, pursue and defeat cyber adversaries targeting global US interests through cooperation and partnerships with national security and law enforcement organizations.

Lamadrid said that the FBI has limited resources and can't do it alone. They partner with the Utah Department of Public Safety to investigate cybercrimes.

"It's not like on the TV show 'Criminal Minds' where the computer analyst can pull up information instantly and you solve the crime in 30 minutes. It takes weeks, months, even years to complete these investigations because you have to follow the process of the law."

Lamadrid discussed the motivations of cyber criminals. The first is "hactivism," which is when a hacker wants to push for political or social change, or doesn't agree with your ideology.

A local example of this happened in 2012, when a Utah state senator was trying to get a law passed that a person caught with graffiti paraphernalia could get cited by police for graffiti. A hacker, who didn't like that law, targeted her and the Salt Lake chief of police's website and shut them down.

"The hacker, who lived in Indiana, was eventually caught and arrested," said Lamadrid. "In emails he had called himself 'the gingerbread man' because he thought he couldn't be caught. An FBI agent on the squad who caught him was later called 'the gingerbread man catcher."

The second motivation is crime: hacking done for financial gain. This is the bulk of what the FBI sees.

The third motivation is insider threat, when someone inside the organization hacks for personal gain or for ideological reasons.

"If you have a business with computer staff, remember that they have the keys to your kingdom," continued Lamadrid. "They could take the information and sell it on WikiLeaks. You should be aware of unusual activity by anyone in your organization, such as someone coming in early, staying late, or accessing folders they don't need to. It should raise a red flag that you investigate."

The forth motivation for cyberattack is espionage, which is the stealing of state secrets or proprietary information. Nation-state actors that are frequently involved in this are North Korea and Russia.

A fifth motivation is terrorism. People have tried to take down the US electrical grid. The first bona fide network terrorist attack was when Russia shut down Ukraine's network, which caused lights out around Christmas in 2015.

Finally, warfare is a motivation that can involve cyber network attacks.

Common targets of hacking are the healthcare sector, the financial sector and government databases. "Four million dollars is the average total cost of a data breach in large companies," said Lamadrid.

Point of sale breaches are huge now. Criminals can put another device over a company's point of sale device where you swipe your credit card to capture that information.

Another growing problem is ransomware or data-napping. Your data is held hostage until you pay a ransom. The problem is that the criminal encrypts your data. The files are still on your computer, but you can't open them. If you pay the ransom, the criminal may or may not send you a key to unlock those files. Bitcoin, a digital currency that is hard to trace, is usually asked for.

The main way to avoid paying a ransom is to back up your files regularly. The FBI recommends that you don't pay the ransom since it offers an incentive for other criminals to get involved in this type of illegal activity.

In May 2000, the Internet Crime Complaint Center, or IC3, was established by the FBI as a place to receive complaints. Go to www.Ic3.gov to report an Internet crime. +

Award-winning department continues to serve Taylorsville with little fanfare

By Carl Fauver | carlf@mycityjournals.com

 Γ or the second year in a row, the Salt Lake County Public Works Department has earned top honors for its efficiency and dedication to quality service. The 400-employee department has earned the prestigious Utah "Best of State" Award.

Taylorsville City contracts with the operations division of the department to handle all of the city's street maintenance, snow removal, storm drain maintenance, traffic and street light repairs and the many other things residents normally take for granted, until something goes wrong.

"Our day-to-day lives are greatly impacted by everything public works does," said the department's operations division Associate Director M. Leon Berrett. "But people often don't notice until there is some kind of a problem."

As an example, Berrett described a typical morning for most of

"Your morning alarm goes off, because public works was involved in getting the electricity to your house," he said. "After that, you take a shower because our division keeps water flowing. Then you drive on streets and watch traffic signals, that are maintained by public works employees."

City officials report that Taylorsville contracts with the county to service its public works needs at a rate of \$2 million per year. That is part of Salt Lake County's overall public works budget of \$46 million.

According to the organization's website, the Best of State Awards "were created to recognize outstanding individuals, organizations and businesses in Utah. By recognizing excellence in our community...we hope all will be inspired to reach a little higher, to try a little harder and to work a little smarter for our dreams and goals."

Mark Layton is the Utah Best of State Awards president.

"We have a panel of at least eight judges who review Best of

State nominations in many different categories," he said. "Half of each nominee's award (50 percent) is based on 'achievement in the field of endeavor.' Innovation or creativity in approaches, techniques, methods or processes' make up 30 percent of the score. The final 20 percent is based on 'contribution to the quality of life in Utah."

Best of State Award officials do not reveal how many competitors are in each category or which businesses or organizations lost in any given category.

Public Works Operations Division Director Kevyn Smelter reported his agency's second-straight Best of State Award at a recent Taylorsville City Council meeting.

"Besides all the work our division does to maintain roads, shovel snow and other things, I am also proud of what we are doing to educate people, particularly kids, about public works," Smeltzer told council members.

Public Works personnel regularly visit schools and community events with equipment and educational material to help the public to better understand the services they provide.

"Sometimes I think we need to do a little more to let people know what we do," Berrett said. "But we don't really seek publicity. I guess operating kind of quietly just fits our personality."

Salt Lake County Public Works personnel maintain half of the 2,600 streetlights in Taylorsville, while Rocky Mountain Power handles the other half.

When snow falls, the county removes it from 155 miles of Taylorsville streets. The Public Works Department has about 70 snowplow trucks to handle the work throughout the county.

Other cities in the valley that contract all their public works services with the county include Holladay and Millcreek.

The county's public works supervisor for the Taylorsville area is Dan Sommer.



Leon Berrett (l) and Dan Sommer are two of the 130 employees who make the Salt Lake County Public Works Operations Division run. (Carl Fauver/ City Journals)

"We have a great relationship with the city," Sommer said. "They are well organized and one of the top agencies we work with. City staffers tell us what they need, and we try to get on it as quickly as possible."

Among his many duties, Sommer also coordinates a Salt Lake County Jail inmate team that provides labor for public works projects in Taylorsville. He says the inmates learn valuable work skills while also saving city and county taxpayers' money.

"We feel we are providing good service while always striving to maintain safety for our employees and the public," Berrett said. "We're doing our best to save the world one day at a time."

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Page 10 | September 2017

Carroll making the most of baseball dream

By Greg James | gregj@mycityjournals.com

The Milwaukee Brewers drafted Taylorsville High School graduate Dallas Carroll in the ninth round of the Major League Baseball draft this past June. Carroll joins his twin brother, Dalton, in the quest to make the major leagues.

"It is every little kid's dream to get drafted," Dallas Carroll said. "It was always my dream and my brother's. For us both to get to this point is great. I was fortunate enough to hear my name. I can't really explain the feeling. It took a few days



Former Taylorsville High School baseball standout Dallas Carroll is chasing his dream of playing professional baseball. (Gary Marshall/BMG Photos)

after, for it to sink in. I enjoy playing the game, but it is different than I expected when I was a kid. There is still a lot of work to do."

Dallas Carroll started playing organized baseball when he was 5 years old. He said throwing the ball and playing with his brothers started long before that. He played in the Taylorsville little league and through college with his twin brother.

"It is certainly not all glory off the bat," he said. "I am getting payed to play this game, and I am fortunate for that."

Shortly after being drafted by the Brewers, he was assigned to join Helena (Montana) in the Pioneer League. After playing 30 games and being selected a Pioneer League All-Star, he was promoted to the Wisconsin Timber Rattlers.

Carroll played 30 games for the Helena Brewers, hitting .336 and had five home runs. He has played mostly at third and first base, but he said the Brewers want him to become very versatile.

The Timber Rattlers promotion came midway through a short rookie ball season. They compete in the MidWest league and at press time are in sixth place with a 21-28 record. In eight games with the Rattlers he has one home run and five runs batted in.

Carroll said he would not be where he is today without the support of his family and the opportunities he was given to compete.

"Playing at the University of Utah was a great experience," he said. "I played in one of the best conferences in the country under some great coaches. The education was top notch, and I was close enough to play in front of my friends."

Carroll's college career was hampered in his freshman and sophomore seasons with injuries. In 2013, his first season as a Ute, he suffered a broken foot against Arizona. In 2014, he broke his collarbone and was awarded a medical redshirt after sitting out the entire season.

Despite sitting out the majority of two seasons, in 2015 he started all 53 games for the Utes at third base and led the team in runs batted in with 33. In 2016 and 2017, he was selected first team All-Pac-12, and in his final season was selected an All-American by the American Baseball Coaches Association.

At Taylorsville, Carroll was named 2012 Deseret News Mr. Baseball and led the Warriors to a runner-up finish at the state tournament. He hit .412 with two home runs as a senior. Dalton Carroll was selected in the 21st round of the 2016 draft by the Atlanta Braves. He currently lives and works in Draper.

"Taylorsville baseball was a big part of both of our lives," Dallas Carroll said. "Graduating from and playing baseball at Taylorsville High was a big deal for us. We came in up in that program. My teammates and other friends meant a lot to me."

Re-elect DANIEL J. ARMSTRONG

Taylorsville City Council - District 5

Accomplishments 2014 through 2017:

AS A COUNCIL MEMBER, AND WORKING TOGETHER, WE:

- Reprioritized spending of \$1.1 Million from administrative to Capital Improvements
- Reduced city debt from \$12.9 Million to \$8.6 Million
- Expanded City Tax Base
- Sales Tax revenue increase of \$668,000
- Redevelopment of Legacy Plaza at 54th
- Redevelopment of The Crossroads of Taylorsville
- Expanded and improved city parks
- Creation of new Cabana Park in District 1
- New playground equipment
- New Pavillions & Trails
- Senior Center Improvements
- New equipment & additions to building
- \bullet Public Safety 10% Reduction of crime in our city
- New fire station

LET'S KEEP IT GOING

I NEED YOUR HELP BECAUSE THERE IS MORE TO DO. RE-ELECT DANIEL J. ARMSTRONG, CPA



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City of Taylorsville Newsletter

www.taylorsvilleut.gov

2600 West Taylorsville Boulevard • 801-963-5400

September 2017

Emergency 911 **Unified Police Department Dispatch** 801-743-7000 (Non-Emergencies)

Fire Department 801-743-7200

Poison Control Center	1-800-222-1222
Animal Control Shelter	801 -965 -5800
Animal Control After Hours Dispatch	801 -840 -4000
Building Inspection	801 -955 -2030
Chamber West (Chamber of Commerce)	801 -977 -8755
Gang Tip Line	385 -468 - 9768
Garbage/Recycle/GreenWaste Pick-up	385 -468 -6325
(Wasatch Front Waste & Recycling)	
Granite School District	385 -646 -5000
Health Department	385 -468 -4100
Highway Conditions (from cell phone)	511
Park Reservations	385 -468 -7275
Public Works (Salt Lake County)	385 -468 -6101
Questar	801 -324 -5000
Rocky Mountain Power	888 -221 -7070
Salt Lake County Recycling/Landfill	801 -974 -6920
Taylorsville - Bennion Imp. District	801 -968 -9081
Taylorsville Food Pantry	801 -815 -0003
Taylorsville Senior Center	801 -293 -8340
Taylorsville Neighborhood Compliance	801 -955 -2013
Taylorsville Justice Court	801 -963 -0268
Taylorsville Library	801 -943 -4636
Taylorsville Recreation Center	385 -468 -1732
Swimming Pool (Memorial Day to Labor Day)	801 -967 -5006
Taylorsville -Bennion Heritage Center	801 -281 -0631
UDOT Region 2	801 -975 -4900
Utah Transit Authority (UTA)	801 -743 -3882

MAYOR'S MESSAGE

It's back to school time for many households in the City of Taylorsville. I remember the feelings of excitement and anticipation of returning to school along with a bit of sadness to see the end of summer. With school back in session, it means new routines and safety concerns for parents and children. Below are Back to School Pedestrian Safety Tips to assist us throughout the year.



Thank you, -Mayor Johnson

Larry Johnson

BACK TO SCHOOL PEDESTRIAN SAFETY TIPS





Teach kids at an early age to look left, right and left again before crossing the street. Then remind them to continue looking while crossing by keeping their heads up and looking around until safely across.

It's always best to walk on sidewalks or paths and cross at street corners, using traffic signals and crosswalks. If there are no sidewalks, walk facing traffic as far to the left as possible.

Teach kids to make eye contact with drivers before crossing the street. Children under 10 need to cross the street with an adult. Every child is different, but developmentally, most kids are unable to judge the speed and distance of oncoming cars until age 10.

Encourage kids to be especially alert for cars that are turning or backing up. Teach kids not to run or dart out into the street or cross between parked cars. If kids are walking when it's dark out, teach them to be especially alert and make sure they are visible to drivers. Have them wear light or brightly colored clothing and reflective gear.

Teach kids to put phones, headphones and devices down when crossing the street. It is particularly important to reinforce this message with teenagers. Pull headphones down or turn off the volume before crossing the street. Be aware of others who may be distracted and speak up when you see someone is in danger.

If kids need to use a cell phone, teach them to stop walking and find a safe area to talk.

MAYOR'S CHOICE

RESTAURANT

Sweeto Burrito

1732 West 5400 South • Taylorsville, Utah 84129 Phone: 801-905-1309 • www.sweetoburrito.com

Favorite Menu Item - Sweeto Burrito

Favorite Dessert – Chango (deep fried cheesecake burrito)

Monday - Thursday 11 AM - 9 PM Friday 11AM - 10 PM Saturday 11AM - 10 PM



BUSINESS

Starbucks

3945 West 4700 South • Taylorsville, Utah 84129 Phone: 385-235-1647 www.starbucks.com

Starbucks has close to 50 drinks and 50 food items on its menu along with infinite ways to customize them. It's great to have this new 2nd location right here in Taylorsville.



Connecting
Communities
through Better
Transportation
Options

Chief Jay Ziolkowski

SAFETY MESSAGE

THE TOT

Unified Fire Authority thanks Primary Children's Medical Center for providing this month's public safety message as part of a valley-wide campaign. With the new school year upon us, please be safe and make sure to Spot the Tot.

The Midvalley Connector is coming to your community!

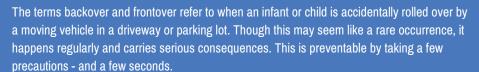
This new bus rapid transit (BRT) route will connect Murray, Taylorsville, and West Valley and will feature:

- Faster, more frequent service
- An enhanced transit plaza at the SLCC Redwood Campus
- Exclusive BRT lanes along 4500/4700 South
- Connections to TRAX and FrontRunner at Murray and West Valley Central Stations

West Valley fair West Valley fair West Valley fair West Station West

Learn more at www.midvalleyconnector.com

THE REAL RISKS OF BACKOVERS





COUNCIL CORNER

Homelessness and Taylorsville City

What is Taylorsville doing to assist? As residents of the Salt Lake Valley, Taylorsville is not immune to the cleanup effort in downtown Salt Lake City. Over the last two year period, we saw a spike in soliciting for money at major intersections, freeway off-ramps, and large big-box parking lots. The City is committed to eliminating safety concerns for all involved. In the last few months, following a change in the law, officers have taken a pro-active approach in educating all involved to reduce those safety concerns, and as a result, Taylorsville has seen a dramatic decrease in those solicitations. Taylorsville's UPD Precinct has also been involved in cleaning up homeless camps along the Jordan River Parkway Trail. In recent months, with the assistance of the

Salt Lake County, Salt Lake County Health Department and the Salt Lake County Jail inmate work crews, a major cleanup was conducted, and patrols have increased, and several minor cleanups have continued along the parkway. This will be an ongoing effort to address this safety/health concern along the Parkway. Our UPD Precinct and your City government are committed to addressing these issues before they reach unmanageable levels. As a City and UPD partnership, we are working together to address these concerns, and we are making great progress. The support of UPD, Taylorsville City Government, and our Community is critical. The City Council extends their Support and Thanks for all these efforts.



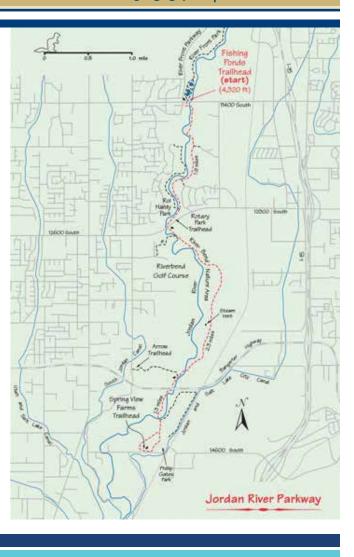
Brad Christopherson — District #3 bchristopherson@taylorsvilleut.gov

Council Member dbarbour@taylorsvilleut.gov

Council Member Dama Barbour – District #4 Ernest Burgess – District #1

Council Member Kristie Overson – District #2 koverson@taylorsvilleut.gov

Council Vice-Chair Dan Armstrong – District #5



NEW BUSINESSES

Welcome to Taylorsville!

Blue Review, LLC

4246 S. Riverboat Rd #200 **Sofftware Services**

Daryl P Sam, PLLC

5955 S. Redwood Road #102 Law Offices

Rugg Media Group LLC

2133 W. Kirkham Way Consulting

Satelite Autoglass #3105

3564 W. 6200 South Glass Installation

Simple Loans

3762 W. 5400 South **Loan Companies**

Simplemente la mejor nutricion

1661 W. 4800 South Herbalife Shakes

Taqueria El Valle

3965 W. 5400 South Restaurant

The Embrace of Disability: Massage

3193 W. 4700 South Massage Therapy

TAYLORSVILLE YOUTH COUNCIL WANTS YOU!

Want to be involved within your community? Interested in learning more about your city's government? Are you currently in high school? If so, then Taylorsville Youth Council is for you!

Meeting on the first and third Wednesday of every month, the Taylorsville Youth Council gathers to discuss and plan for upcoming community events such as participating at Taylorsville Dayzz. Not only do we plan events, we also participate in service projects as well. Ranging from Sub-for-Santa to painting fire hydrants. The Taylorsville Youth Council actively participates in bettering the community.

Aside from doing community service activities, the council also engages in learning and participating in the city's government. Throughout the year there are many exciting opportunities to learn about how Taylorsville and Utah's government work. One of the highlights of the year is when the council participates at "Day at the Legislature" -- a fun-filled day where we go to the state capitol to learn and hear from government officials.

If all of this sounds great to you, come and join us on the first and third Wednesday at 3:30 PM at Taylorsville City Hall! We'll see you there! We are currently recruiting for the 2017-2018 year. You can find our application at the following link: http://www.taylorsvilleut.gov/youth.main.html

Don't delay, the deadline for submitting your application is Friday, September 22, 2017.

CITY OF TAYLORSVILLE

Family Movie Night



SATURDAY, SEPTEMBER 23

8:00 PM

OUTSIDE AT TAYLORSVILLE CITY HALL





SEPTEMBER UPDATES FROM THE DISTRICT

TRUCK SAFETY



Many schools are gearing up for the new school year. Whenever your routine is altered, it is sometimes difficult to realign your schedule and remember everything that you need to accomplish. Our drivers are aware of the influx of school children going to and coming from school, and are always looking out for their safety. We encourage all families to discuss safety practices with their kids around large vehicles, including garbage trucks and school buses. Big trucks are fun to watch, but it is important to remember to keep your distance to stay safe.



PLASTIC BAGS

We are still seeing lots of plastic bags in the curbside recycle carts. We ask all residents to keep plastic bags and all thin film plastic materials out of the blue recycle carts. These bags create a lot of problems at the recycling processing facility. Most grocery stores, and other retail outlets, have collection bins for plastic bags. Using these receptacles ensures that plastic bags can be properly recycled and kept out of our landfills.

CUSTOMER SERVICE



We believe that we have some of the best customer support people around. They must be experts in all of our programs and options, and they always strive to resolve all service concerns from residents. We provide collection service to almost 83,000 households every week; and on average, each one of our Customer Service professionals process 479 service orders; 1,494 telephone calls; and 120 email requests from customers each month.

604 South 6960 West, Midvale UT 84047 • wasatchfrontwaste.org
Office: 385-468-6325 • Fax: 385-468-6330 • info@wasatchfrontwaste.org



FALL FAMILY FESTIVAL

SATURDAY, OCTOBER 14
10 AM TO 5 PM

TAYLORSVILLE PARK

4751 South Plymouth View Drive (1625 West) Taylorsville, Utah



Halloween Costume Parade + Bounce Houses + Polynesian Dancers + DJ- Music + Sidewalk Chalk Art Contest + Face & Hair Painting + Fall Food Vendors + Pumpkin Carving Contest (Carving & Lighting On-Site) + Share the Harvest & More!!

Contact us for more details by calling the City of Taylorsville at (801) 963–5400, or Joan Thalmann at (801) 964–6538





The following UPD Taylorsville Precinct Awards were presented by Chief Tracy Wyant at the City Council Meeting held on Wednesday, July 19, 2017.



(L-R) Officer Elayne Franco, Detective Jerry Byam, Detective Denise Lovendahl, Officer Kevin Spencer, Sergeant Brett Miller, Detective Scott Lloyd, Officer Gene VanRoosendaal

OFFICER OF THE MONTH - MAY 2017 Officer Elayne Franco

Officer Elayne Franco does an exceptional job following through with her calls for service. She goes above and beyond in her follow through to resolve the issue she is called to handle. Below are three examples in the month of May,2017 which are examples of her outstanding work. Elayne responded to a shoplifting call at Harmons. Three very young juvenile males were caught stealing small items from the store. Due to the small value of the items and the visible remorse from the juveniles, Elayne decided the best course of action was not to cite the males but to teach them about stealing. With the parents present Elayne took a substantial amount of time to educate the kids about stealing and the consequences. The business was very happy with this approach.

consequences. The business was very happy with this approach.

Elayne responded to the Fresh Market on a found property. The manger gave her ID's and wallets they had acquired over the last year in there lost and found. There were 2 wallets and approximately 20 ID's and credit cards. Instead of just booking the property in as evidence, Elayne took the time to gather current contact information for the owners of the found property. Elayne responded to both owners' addresses to return the wallets and was able to return and/or notify most of the people about their lost IDs or credit cards. The Aloha Car Wash was having issues with someone opening the vacuum bins and going through them to look for change, etc. This had been going on for months and causing operational issues with the vacuums. Video surveillance was recently obtained of the suspect and his vehicle. Elayne viewed the video and obtained a plate for the vehicle. Instead of passing this info on the detectives for follow up, Elayne responded to the residence and interviewed the male. The suspect was a 69 year old retired male who lived in a very nice home and apparently has OCD. The male admitted he had a compulsion to look for loose change everyday at several car washes in the valley. The male admitted to Elayne he had been doing it for years. The car wash just wanted the male talked to and trespassed. Through this follow up Elayne was able to resolve an issue with had plaqued the car wash for several months. The City of Taylorsville and the Unified Police Department are fortunate to have such a caring and capable member protecting our

OFFICER OF THE MONTH - JUNE 2017 Officer Danielle Roskelley

Danielle Roskelley has worked in the Taylorsville Precinct for a year. She has consistently been an outstanding officer. Danielle is a great team player and always puts others before herself. She always steps up to take calls holding, helps officers on their calls and gladly will accept any task given to her. Danielle shows genuine concern for all her fellow employees always asking how they are doing and taking care of them such as bringing them water on a hot traffic accident scene Danielle comes to work with a great attitude which promotes a great working environment. One of her great attributes is her interactions with the public. Danielle is very compassionate and treats everyone she encounters, with respect Danielle is truly a servant leader. She humbly does an extraordinary job, putting others before herself and never asks for any recognition. On an infant death scene, I witnessed Danielle clean the face of the deceased infant before allowing the parents to hold the child, so it would be less traumatic for the parents. Danielle is a great example to all of us. She is a great asset to UPD and the citizens of Taylorsville. Although Danielle would shy away from any self-promotion, she should be recognized for the outstanding person

TEAM CITATION AWARD

Sergeant Marni Montgomery, Sergeant Brett Miller, Officer Kevin Spencer, Detective Denise Lovendahl,
Detective Jerry Byam, Detective Scott Lloyd, Officer Gene VanRoosendaal

Officer VanRoosendaal and Sgt. Montgomery arrived at the store and secured the scene at the bank. Several additional units began saturating the area to begin looking for the suspect matching a description that was given from the bank employees. At Sgt. Montgomery's request the bank was asked to quickly provide video so that it may be given out to officers in the field. She was advised that they were waiting for another manager that could access the video. Sgt. Montgomery then went to the Harmon's manager and was able to retrieve video of the suspect entering the store and quickly send out a photo to assisting officers. While this was happening Officer Spencer and Sgt. Miller observed a male nearby and stopped to talk with him. Although he was not wearing the clothing from the description given by bank employees he was acting suspiciously. Detective Lloyd responded to Workforce services and located several witnesses that observed a male wearing clothing from the original description given by dispatch recently in the area. He took a witness over to where Officer Spencer and Sgt. Miller were with the male they had stopped, and the witness said the male looked familiar but had different clothing. Detective Lloyd reviewed the picture more closely and noticed that the shoes on the subject speaking with Officer Spencer and Detective Miller were identical to the bank robbery suspect. Detective Miller found that the subject also had a prior history of bank robbery and through further questioning received an admission from the subject. As actions were transpring Detective Byam notified Sgt. Montgomery that he had located a hat and shirt identical to the clothing the bank robbery suspect was wearing.

This incident was a good example of quick and efficient teamwork by all members and assignments at the UPD Taylorsville precinct. The cooperation amongst co-workers was lead to a quick and safe response. I believe that these Officers should be recognized for their actions and teamwork leading to the arrest of a potentially d

Where did the summer go?

The water flowing to your home may have originated a thousand feet below the Salt Lake Valley or high in the Uinta's. Taylorsville-Bennion Improvement District (TBID) works daily to provide a quality product with exceptional value and customer service. TBID produces water locally using deep water wells drawing water from the Salt Lake Valley Principle Aquifer. On occasion, additional water is purchased from Jordan Valley Water Conservancy District (JVWCD). Water provided by JVWCD comes from Upper Provo River Reservoirs, Jordanelle and Deer Creek Reservoirs, and wells. The water quality of these sources is monitored meeting all drinking water standards. May you enjoy the water that has traveled a great distance to arrive at your home.

If you have any questions regarding this article or any other water quality questions please contact Dan McDougal, Communications Manager, at 801–968–9081. Taylorsville–Bennion Improvement District.





Amateur Radio Technician License Exam Sessions

The City of Taylorsville and UtahSAG are proud to host W5YI Amateur Radio license exam sessions. Anyone interested in testing to receive or upgrade their ham radio license is welcome to attend. The sessions will be held on the last Monday of most months from 7:00 p.m. - 9:00 p.m. at Taylorsville City Hall.

The scheduled testing sessions for 2017 are:

- September 25
- October 30
- November 27



Register on-line at www.hamstudy.org

NOTE: The testing sessions are not a course that will prepare you to take the license exams. Studying ahead of time is highly recommended. If you have any questions, contact Taylorsville Emergency Management at (801) 963-5400.



TAYLORSVILLE SENIOR CENTER

4743 South Plymouth View Drive 385-468-3370



SEPTEMBER EVENTS

September 1st- Movie- "Forest Gump" @ 2:00 p.m.
September 5th- Special Entertainment by "The Six Pack" @ 11:30 a.m.
September 8th- Movie- "Turner and Hootch" @ 2:00 p.m.
September 12th- Active Aging Decathlon @ Magna Senior Center

September 13th- AARP Smart Driving Course 10:00 a.m. -3:30 p.m. September 15th- Movie- "Sleepless in Seattle"@ 2:00 p.m.

September 21st- Walk for Fall Prevention and Health Fair- 9:00 a.m.-1:00 p.m.
We have a wide variety of health vendors, animal adoptions, hand massages, health screenings & more.

e have a wide variety of health vendors, animal adoptions, hand massages, health screenings & m/
September 22nd- Movie- "Apollo 13" @ 2:00 p.m.
September 26th- Taylorsville Senior Center/Community Art Show.

September 26th- Taylorsville Senior Center/Community Art Show.

Silent Auction from 9:00 a.m. - 4:30 p.m. Special Luncheon at 12:00-noon.

Anyone under 60 years old is \$7.00. Art show from 9:00 a.m. - 4:00 p.m.

Entertainment at 11:30 a.m.

Sign up for lunch at the front desk by Tuesday, September 19th.

September 28th- Chartered bus trip to Logan sponsored by the Advisory Committee- 11:00 a.m. -4:00 p.m.

September 29th- Movie- "Catch me if you Can." @ 2:00 p.m.

Taylorsville Bennion Heritage Remembrances

TAYLORSVILLE AND THE CIVIL WAR

DONALD DICK FRAME, JR.



The compiler is Don Frame, a member of the Taylorsville Historic Preservation Committee (pictured left).

Taylorsville has eagerly responded to the call for service in defense of the United States. Such was the case during the Civil War.

Early in the Civil War, the Union naval Forces intercepted a British vessel and removed two emissaries of the Confederacy who were on their way to England. Their purpose was to secure aid and support from the British government against the Union forces. The two men were to be held as prisoners of war.

Abraham Lincoln came to the realization that this would be very offensive to the English Government. England viewed the Union as being very weak and terribly fragmented, with no possibility of winning the war. Boarding the British ship would give the English a good reason to plunder Union craft. Lincoln acted quickly and had his secretary of state send a letter of apology to the Court of St. James, which seemed to console the British government.

President Lincoln, knowing the British attitude toward the Union, felt that it was very important to have good communications to the West Coast. Communications had not been good because of Indian hostilities that were disrupting the overland mail and the telegraph system. He had a telegram dispatched to Brigham Young, asking if he could furnish a volunteer cavalry unit that would patrol the protect the mail route between Fort Bridger and the North Platt River below Independence Rock. President Young, showing his support for the Union, issued a call for volunteers.

Three Taylorsville men promptly responded to the call. Those volunteering were 22-year-old John R. Bennion, the son of Samuel and Mary Bushell Bennion; Samuel Roberts Bennion, the 20-year-old son of John and Esther Wainwright Bennion; and Samuel A. Bringhurst, the 22-year-old son of Samuel and Eleanor Beitler Bringhurst.

The Bennion cousins served as privates and William Bringhurst was a corporal in "A" Company of the First Calvary, Utah Volunteers. Lot Smith was their captain. The Utah group was under the command of Brigadier General James Craig, U.S. Volunteers, Department of Kansas of the Union Army. Each man was required to furnish his own horse, bridle and saddle. All of their field equipment and other supplies were at their own expense. They were sworn into service at Temple Square on April 30, 1862.

All Three men displayed the loyalty and dedication that President Brigham Young expected of them. The Bennions have recorded some action experienced while serving in Lot Smith's company. The unit was pursuing hostile Indians who had stolen some horses near Fort Bridger, Wyoming. The soldiers' intent was to recover the horses and return them to the rightful owners. The chase took them deep into Idaho, to the Salmon River area, the home range of renegade Indians. Captain Smith's men and supplies were about exhausted, so he decided it would be best not to continue the chase. Before the troops could reach Fort Bridger, the food supply had diminished to where the men were forced to survive on bear and horse meat for a time before reaching the fort.

After serving honorably for a four-month period, the unit was mustered out on August 14, 1862 and the men returned to their Taylorsville homes.

WELCOME TO TAYLORSVILLE, SWEETO BURRITO!



Grand Opening Ribbon Cutting - August 14, 2017

City Officials, ChamberWest, and Community Members participated in a Ribbon Cutting to celebrate the grand opening of Sweeto Burrito!

They are the newest eatery to open at Legacy Plaza at 54th, and are located at 1732 West 5400 South. Their menu offering includes burritos, street tacos, salads, wraps, and bowlers. Find out more at www.sweetoburrito.com

WELCOME TO TAYLORSVILLE, T. J. MAXX!



Grand Opening Ribbon Cutting - August 24, 2017

City Officials, ChamberWest, and Community Members participated in a Ribbon Cutting to celebrate the grand opening of T. J. Maxx! They are the latest retail store to open at The Crossroads of Taylorsville and are located at 5670 South Redwood Rd. T.J. Maxx has designer brands & new styles arriving daily. Find out more at www.tjmaxx.tjx.com.



Is tackle football safe?

By Greg James | gregj@mycityjournals.com

Professional, college, high school and youth football players have strapped on their pads and laced up their cleats this fall. The health of these players, as well as the risks they take, are again hot topics among fans and team administrators.

"We (parents and coaches) really need to educate ourselves. Football gets a black eye for things, we can do better at helping ourselves recognize dangers and learn to react appropriately. I wonder if the guys that get hurt are wearing a mouthpiece all of the time? Does their helmet fit correctly? This training is something I pride myself on. We have coaches that are aware and watching," Herriman head coach and acting Utah Football Coaches Association President Dustin Pearce said.

Risk

Injuries in football are frequent. Knees, ankles and shoulder joints are often times the most commonly affected areas. Today brain injuries and concussions are making football executives wonder if the game is safe for its players.

Chronic traumatic encephalopathy, known as CTE, was found in 99 percent of deceased NFL players brains donated for scientific research, according to a study published July 25 in the medical journal JAMA. The disease affects the brain in ways doctors still do not understand.

In 2016, the NFL publicly acknowledged for the first time a connection between football and CTE. Concussions and head injuries being the most likely culprits.

The disease can be found in individuals who have been exposed to repeated head trauma. It can only be formally diagnosed with an autopsy, but carriers of the disease have shown symptoms of memory loss, confusion, aggression, depression, anxiety and sometimes suicidal behavior.

"I think we have averaged 10 concussions a year, but it seems to be on the decline," West Jordan High School head trainer Sarah Bradley said. "Even mild concussions should be treated the same. They (the injured player) need to go 24 hours without contact before they can get back at it."

The force of even a youth player's tackle can be startling. According to a Popular Mechanics 2009 study, a fighter pilot may experience a G-force rating of 9 g's; an extremely hard football tackle can produce as much as 30 g's and an NFL hit 100 g's.

Diagnosis and Treatment

Symptoms that parents and coaches should watch for include dizziness, nausea, blurred vision and drowsiness. Bradley said to watch for lack of concentration and confusion in the athlete. She said players should be reminded to tell the truth about what they are feeling.

Rest is the best treatment. The athlete should avoid watching TV and using a cell phone. Bradley said they should not return to play until they have been evaluated and cleared by a licensed health care provider.

"Something we forget that is simple is just staying hydrated, but they always need to see a doctor for the best treatment," Bradley said.

A team of scientists from the University of Winsor suspected that dehydration may increase the risk of concussions, as presented at the Experimental Biology Meeting in San Diego in 2014. Dehydration can cause a reduction of fluid in and around the brain. The fluid can cushion the brain during hard hits.

Prevention

In high schools, the athletic directors are responsible for the safety of the players. In the youth leagues it's the commissioners. Training and education has become important in the involvement of coaches and parents.

"I think our league did a lot to prevent injuries. We train our coaches with USA Football and teach about heads-up tackling. They are also trained to watch for symptoms and we have a concussion protocol. In our three years we have documented only six concussions," Utah Girls Tackle Football league director Crystal Sacco said. "I had to trust our coaches. We trained them so well that we left it up to them"

USA Football is a national program supported by the Utah High School Activities Association. Training includes emphasis in concussion recognition and response, heat preparedness and hydration, sudden cardiac arrest, proper equipment fitting and proper gameplay techniques.

Coaches and administrators agree that education is the first step to improving prevention of injuries.

"I have seen the numbers of concussions decrease after we implemented a neck strengthening program. We have seen good results from concen-



The amount of force a player can feel in a hard tackle can be five times what a fighter pilot experiences. (Greg James/Citv Journals)

trating on the player's development. We taught the players exercises they could do. During lifting workouts every other day they work on it. These kids are just learning about their bodies so we have tried to help them through it," Bradley said.

The UHSAA supports a national recommendation on limiting contact in practice. The national task force suggests limiting full contact to two or three times a week. They also support an initiative to reduce two-way players (players who play both offense and defense).

Benefits

"Nothing can replace football, getting 11 guys to work together and depend on each other to win a game is a hard thing. Football is hard, not everyone can do it. It is easier to sit at home and play the Xbox. It is just like life, not everyone is going to be the CEO. It teaches life skills to these kids," Pearce said.

In its injury prevention bulletin, the UHSAA stated it believes athletic participation by students

promotes health and fitness, academic achievement and good citizenship. They agree that there is a risk in playing all sports.

"I personally would only feel comfortable with my kids playing if they were prepared physically, and I would want the coach to be safety oriented. I played when I was younger and know the commitment it takes," West Jordan resident Mike Taylor said.

According to USA Football, every year nearly three million children ages 6-14 take to football fields across America. College and university fans pack stadiums on Saturdays and NFL fans are glued to every move of the NFL on Sundays. And, football is a multi-million dollar industry. Recently, the Dallas Cowboys franchise was appraised at \$4.2 billion dollars.

Local sporting goods stores sell equipment, families eat out and tailgate on game days and fans purchase team merchandise. The effects of football games on the community can be far reaching. +



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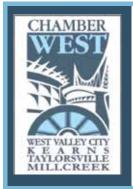
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Ribbon Cutting at Snap Shop Photo 3599 S. 2700 W., West Valley City

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Proposed new road could relieve traffic congestion in Taylorsville

By Carl Fauver | carlf@mycityjournals.com



This Taylorsville intersection (2700 West and 4700 South) will get some traffic relief if a proposed belt route frontage road is constructed nearby. (Carl Fauver)

raffic research indicates one of the busiest **I** and slowest places in the state for drivers is the Taylorsville intersection of 2700 West and 4700 South.

But Utah Department of Transportation project manager Oanh Le-Spradlin is making it her mission to do something about it once and for

"This is my third UDOT project trying to deal with the traffic problems in that area," Le-Spradlin said. "We have considered reworking the intersection or widening one of the streets, or both. But with gas stations, a church, a grocery store and many other businesses at that intersection, we just haven't found a good solution yet."

So now, instead of changing the intersection — or the approaching roadways — UDOT officials are focused on constructing a new freeway frontage road to shift some of the traffic off 2700 West entirely.

The UDOT effort is just now in the study phase. But so far, Taylorsville Economic Development Director Wayne Harper likes what he's hearing.

Studies show, 2700 West, 4700 South is the second-most congested intersection in Utah," Harper said. "We've known for a long time that something needs to be done there. I'm happy this is now a UDOT priority. They've had success with the previous section of frontage road they installed. Hopefully the same will happen with

That previous section of frontage road is directly west of I-215, from 3500 to 3800 South, primarily between the freeway and Valley Fair Mall.

The proposed new section of frontage road would also be directly west of the belt route, from 4100 to 4700 South. Like the other section, it will be only one way, southbound.

"There are several homes and structures up next to the freeway, making a frontage road from 3800 to 4100 South very difficult to construct," Harper added. "But this next section (4100 to 4700 South) would certainly help reduce the congestion on 2700 West in that area. Then maybe the two sections could be tied together (with a new frontage road from 3800 to 4100 South) at some later date."

Le-Spradlin agrees with the assessment regarding 3800 to 4100 South.

"If I lived in that area (3800 South to 4100 South, west of I-215), I wouldn't be nervous (about a road going in)," she said. "We would first have to show the benefit would outweigh the cost (of removing several homes). No one is pushing for that right now."

The three-block section of frontage road east of the mall was completed about six years ago. Le-Spradlin was also the project manager for that.

"It cost about \$10 million and took three years to complete, counting study and design time," Le-Spradlin said. "We would expect this new section of frontage road to cost about \$2 million more than that and take a little longer to complete. But even though it would be twice as long as the current section, we would not expect it to be twice as expensive, or take twice the time to finish."

UDOT officials said the first step is to complete an environmental study.

'We expect the cost of the study to be about \$600,000," Le-Spradlin said. "It will determine what impact a new road would have in the area. Would it adversely affect any historically significant land? How much noise would the traffic create? Those are the questions we need answered before moving forward."

That completed study will be subject to both state and federal review. If legislators determine the frontage road plan is worthwhile, alternate roadway designs will be drawn up.

"All of this preliminary work would lead to a public comment period, once designs are completed," Le-Spradlin said. "If everything goes well, that could happen as soon as next spring."

One attractive thing about the proposed frontage road is that very little, if any, land would need to be purchased, because UDOT already has an easement through the area.

"We expect the road to be two lanes, but possibly only one if space is a problem," Le-Spradlin said. "Designers will provide us with choices to consider, and for the public to weigh in on."

There's no timeline yet on when road construction would begin or end. +

Senior residents join forces to walk across America

By Carl Fauver | carlf@mycityjournals.com

Don't tell these seniors they can't accomplish anything they set their minds (and feet) to.

Over the years, we've heard of people occasionally walking across all of America — coast to coast — normally to raise money and awareness for a particular cause.

But have you heard of a senior citizen doing it? Actually, a team of seniors — about 40 residents at Summit Senior Living — joined forces to walk a total of 3,400 miles, over a three-month period, this spring.

In case you need help with the math, the distance from Seattle to Miami is 3,297 miles; from San Diego to Bangor, Maine, is 3,270 miles. Residents of the farthest western senior center in the Salt Lake Valley accomplished their goal, figuratively, with more than 100 miles to spare.

"We have a very active population here, and they wanted a challenge," said Summit Sales and Marketing Director Nichole Cook. "So we posted a big United States map in our game room and tracked our residents' progress with stick pins and yarn to mark the imaginary path."

Summit's Life Enrichment Director Alexis Mackay tracked the mileage.

"We gave them pedometers to count their steps," she said. "Even several of our residents who spend most of their time in wheelchairs joined in."

Summit Senior Living undertook the competition to help mark the one-year anniversary since opening its doors, just west of Taylorsville at 5524 West 6200 South

"These seniors can get pretty competitive too," Mackay added. "Every time they went anywhere (during the 90-day contest) they always made sure to have their pedometers with them. Most of them walked a lot more than they normally would. And some left our center to walk to nearby stores and other businesses, just to add to their count."

Once all the mileage had been logged, the top male and female walkers were honored. Juan Adomo, 70, logged 220 miles to lead the men. But Mary Mitchell, 78, beat him by 10 miles, totaling 230.

"I've always liked to walk," Mitchell said. "So when I heard about the walk across America, I was all in."

Besides, she said it was easy since her magical grandson made her much younger.

"On my 52nd birthday he told me, 'Grandma, I'm going to reverse those two numbers — turn 52 into 25 — and that's how old you will be, forever," she said. "I guess it must have worked, because that's a lot of miles (to walk)."

As for Adorno, he said, "I tried to do most of my walking outside, and I never went anywhere without my step counter."

The walk across America contest was such a success, Mackay said it will undoubtedly now become an annual activity.

Another activity Summit Senior Living likes to host are vintage car shows.

"Our residents enjoy seeing the vehicles that were popular in their younger days," Summit Executive Director Jim Scadlock said. "This is just a wonderful community of people, and we enjoy hosting activities they will enjoy."

When she's not doing all her walking, Mitchell also enjoys the many craft making activities available at the living center and enjoys playing her organ in her apartment.

Construction of Summit Senior Living began in



Juan Adorno, 70, and Mary Mitchell, 78, walked a combined 470 miles during a 90-day contest. (Carl Fauver/City Journals)

April 2015, with the site opening in June 2016.

"After one year, we are ahead of our initial occupancy goals," Scadlock added. "We had hoped to have half of our 111 rooms filled by this time, but we are over that."

As of July, 65 residents were living in 61 rooms, including four married couples.

"We have something for anyone," Cook said. "Our units have 44 different floor plans, and each includes a kitchenette with a refrigerator and microwave oven."

But as nice as the rooms are, Summit Senior Living staff members do all they can to provide activities to get residents out of their rooms. They said that's part of the reason why they were so excited to see the residents' respond to the walk across America.

"I've lived here since very soon after it opened," Adorno added. "I like it here, and I'll be ready to walk again next year." +



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Salt Lake County Council's / F S S A G F

In the wake of Operation Rio Grande, there are ongoing conversations about how best to help our homeless friends. Most of us have been asked more than once by someone on the street if we can spare some change. The people of Utah and Salt Lake County are good, charitable people who want to help. Here are some important things to keep in mind as we strive to help our fellow county residents who are homeless.

Panhandling doesn't actually help the situation. Contrary to what you may think, most homeless people do not panhandle, and most panhandling is not done by homeless people. Panhandling is most often a business enterprise—one that does not actually help homeless people get back on their feet.

Instead of giving to panhandlers, donate to a service provider or drop your spare change in the red meters around downtown Salt Lake City. That will ensure the money goes to one of the many homeless service providers that can leverage your donation with other resources to help people access not just food, but also help to start to work their way out of homelessness.

The Pamela Atkinson Foundation receives donations from the red meters, and from other sources, and coordinates with local service providers like Catholic Community Services, Fourth Street Clinic, The Road Home, and many more to help fund services. There is a network of experts and service providers standing ready to help.

Panhandling also presents a safety concern when conducted on roadways. That's why state representative Steve Eliason ran a bill to prohibit that, and it is now illegal. Pedestrians walking onto the road near crowded intersections or on busy downtown streets just opens up too much risk that someone could get hurt.

Panhandling and what really helps our homeless friends

Lastly, cities want to create a safe, vibrant, and growing community and economy for all of their residents. A key part of that is economic development. When businesses are looking at our cities for potential locations for expansion, it isn't uncommon for them to drive the streets to understand the community. If panhandling continues, and even flourishes, that is noticeable to potential businesses looking at our cities. A panhandling industry that does not benefit homeless people is not the image a city wants to convey.

Let's work together to end panhandling. We can actually help homeless people by giving in other ways, we can reduce safety risks of pedestrians in close proximity to busy roadways, and we can empower cities to present the best image of their community for future investors.

I'm encouraged by the current efforts to reform our model of homeless service delivery, and believe



Aimee Winder Newton
County Council District 3

that those changes—combined with the thoughtful donations of many county residents, will truly help make a difference.

For more information as well as ways to help, visit the Homeless Outreach Service Team at www. slchost.org. +

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COUPONS 4UTAH

JOANI TAYLOR

The 7 Deadly Fictional Sins That Will Kill Your Grocery Budget

I can often be heard telling people the number one way to save money in your day to day spending is at the grocery store. Our food budget is one of the few monthly bills we can actually control and I get quite passionate about telling people just that. Here are some not so fictional facts that will help you stay on track at the grocery store.

1. Your Budget Is Fictional:

There's that word, budget, it can sound so restrictive. The fact is, most American's go to the grocery store first, and then live on what is left. Shopping this way is 100%"bass-awkards". Setting a budget, IN STONE, allows you to begin to plan for life's setbacks and luxuries

How much your budget should be is a personal figure. It varies by income, where you shop and the kinds of food you like. Start by taking a look at your last 3 to 4 months expenses. Break out the receipts or bank statement and add every single transaction, you'll likely be surprised at the amount. Now cut that figure by 30% and make the commitment not to go over it. Set up a separate account for groceries if you have too, let that extra 30% pile up and you'll soon be challenging yourself to cut the budget even further.

2. Your List Is Fictional:

No matter how good your memory is, you must write a grocery list and make

a meal plan. Not only will it ensure you don't forget things you need, it will deter you from buying the things you don't need. Make it your goal, to ONLY buy what's on your list.

3. The Day Of The Week You Shop Is Fictional:

We've all run out of milk or found ourselves running to the store for a single item and the next thing we know checking out with a cart full of groceries. That single trip can shoot your entire budget. Avoid this by shopping with a list on a specific day of the week. Remember, extra trips to the store cost extra money. If you run out of something, find an alternative and go without.

4. Your Price Points Are Fictional:

Being armed with the knowledge of the when lowest price hits and what the price should be gives you the confidence of knowing when to buy extra. Start a notebook of the prices you see for the items you purchase routinely and make sure to date it. Specific items have sale cycles that are usually in 3 – 4 month increments. You can view my personal guideline for pricing on Coupons4Utah. com/grocery-price-point.

5. What You Buy Is Fictional:

For me impulse buys happen most when I'm either shopping with little ones or shopping when I'm hungry, avoid both, and stick to your detailed list. If it isn't on the list, don't buy it. Try allowing kids to add 1 or 2 items to the list during the week before shopping. When you're in the store and they ask for a box of special cereal or cookies, you can inform them, it's not on their list and would they like that to be their item for next time?

6.The Store Organizes It's Shelves To Make Shopping Easier Is Fictional:

Grocery stores are full of marketing gimmicks used to convince you to buy more than you went for. It starts with high priced salad bars at the front of the store, tasty fresh baked breads and cakes to follow. They are experts at putting conveniently cut fruit and vegetable trays on end caps, candy stocked shelves in the aisles at the check out and the most expensive milk, eggs and cheese on the end caps right near self checkout. Stick to your list and you won't get detoured.

7. Clipping Coupons Is Fictional:

Finally I have a few words about clipping coupons. After all, I am the owner of a couple of coupon websites. I've heard it time and time again, "I tried using coupons, but the store brand is cheaper" or "The coupon isn't worth the time it takes to clip them." Maybe you've heard from others how much they saved with "extreme coupon" tactics, but when you tried it, you failed at it, and gave up frustrated. While I don't define myself as a "couponer" I am am huge proponent of using coupons for everyday savings and can't remember a time when I didn't clip

them. Here are some facts about coupons that you might be surprised to hear me say.

- 1- Using coupons to create extreme stock-piles will cost you money
- 2- Clipping or printing a coupon you intend to use will cost you time
- 3- Not using coupons at all will cost you money

There, I just gave you permission to let yourself off the proverbial coupon hook. Shopping with coupons should not be extreme. It will cost you money, and causes you to buy things you don't need or won't use. You can however, get awesome results that can amount to as much as 90% off the regular price of the food and household items you buy and use everyday, when you combine a coupon with the sale. The secret is organizing before you get to the store and knowing what the lowest prices.

There's a handy database that lists which newspaper a specific coupon came in or links you to a printable or digital coupon at www.coupons4utah.com/grocery-coupons. You may also want to check out an app call Flipp. It links you to store ads and coupons. If you are a Smith's shopper follow Crazy4Smiths. com, they are experts at finding coupons for items on sale.

Following these simple strategies can save you big non-fictional money. +













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Is it hot in here?

In the near future it should be much easier for us to keep our heads in the sand about climate change, mostly because the entire earth will be a desert.

Hundreds of scientific organizations worldwide are convinced that human-caused global warming needs to be addressed ASAP but many people still don't believe in climate change. It's not a fairy, people. You don't have to believe in it and clap your hands really fast in order for it to be real.

A Gallup poll earlier this year shows Americans are finally warming to the idea of climate change, with nearly 70 percent agreeing our wasteful habits are destroying Mother Earth. It's about @\$#& time!

With gas-guzzling vehicles, energy draining habits and the entire city of Las Vegas, it can't be a coincidence that levels of atmospheric carbon dioxide have skyrocketed since WWII. Those rising pollutants trap the earth's heat and slowly cook the planet like a Sunday dinner rump roast.

Warming ocean temperatures create stronger hurricanes, more dangerous tropical storms and tornadoes filled with sharks! Glaciers in Alaska are shrinking, not from global warming but because people use so much ice in their gallon-sized soft drink mugs. (As a creepy sidebar, bodies frozen in glaciers for centuries are being discovered and could possibly bring back old-timey diseases.)

Polar bears are applying for refugee status, hoping to be relocated to Bemidji, Minnesota, where they can integrate into a similar society. Arctic seals and Antarctic penguins are losing their homes as sea ice melts. So if you're looking for a rescue animal, there's a couple of really cool options.

Inexplicably, President Trump is convinced global warming is a mocktastrophe created by Bill Nye the Science Guy and Neil DeGrasse Tyson to keep him from using aerosol hairspray. ("Inexplicably" is a word I've used a lot with the Trump administration.)

Trump's decision to step away from the Paris climate agreement and reinvigorate the coal industry is a big middle finger to planet Earth. His stance is not just embarrassing, it's potentially disastrous. (FYI to the Prez: Nuclear war is very bad for the planet.)

In fact, Trump is convinced the whole global warming rumor was started by the Chinese to make the United States less competitive. I don't think the earth's possible annihilation was Made in China, and sponsored by Nye and



Tyson, in order to pull off an elaborate hoax

In the background, Al Gore silently weeps as we continue burning fossil fuels, throwing away tons of garbage and cutting down rainforests, which are basically the earth's lungs.

Well, that's depressing.

So what do we do now? First, we go to Hogwarts, borrow Hermione's Time-Turner and travel back to the 1950s to warn people about the imminent dangers of global warming. Because people always believe time travelers.

If that doesn't work, we vote for

leaders who support effective climate legislation. We buy energy-efficient cars and appliances. We recycle, we compost our table scraps and eat locally grown foods. We walk more. We turn off lights. We support organizations working on solutions

This one's on us, folks. We can only do small things, but if we all do small things-that makes a big thing. And if you still don't believe in global warming, I don't really care. Once the world burns up like a marshmallow in a campfire, you won't be around to judge me.

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